The Lions' Pride

Saint Leo University •Friday, March 25, 2016•Volume LV No. 24 •Since 1965

International Women's Day

By Rebecca Maldonado
Contributing Writer

Mar. 8 commemorated International Women's Day and the University took the opportunity to capitalize on the day. Teachers and students both took the chance to show their enthusiasm.

The event was held in the Greenfelder-Denlinger Boardrooms and ran from 10 a.m. to 3 p.m. Food and drink were provided as a variety of presentations were being held by different school organizations. There were multiple attractions going on for students who chose to go.

Marissa McLargin, Ascociate Professor of English, worked as a sort of Master of Ceremonies, hosting a poetry reading as well as a presentation of original music and famous speeches from women, such as Hilary Clinton. A variety of people participated, included faculty members and students. Notably, members of the Slam Poetry Club performed original pieces.

Megan Orendorf, administrator of events and special programs, was in charge of organizing the event. When asked about what goes into planning such an event she had this to say:

"When you have an event like this, which occurs annually, and it's something we want to recognize and celebrate on our academic calendar, we reach out to the instructors who might be interested in participating because of their subject matter or their class. It's really up to whatever instructors decide to take part; if it fits with their curriculum or their academic calendar."

Faculty members were asked what they thought something like International Women's Day meant to not only students but to society.

"International Women's Day makes visible what has been largely an invisible problem: gross inequity in the treatment of women across most areas of many cultures. It's important to not only me personally, or women I know, but also to boys and men who have been part of this system of bias and discrimination, whose wives, sisters, mothers, friends must be acknowledged and celebrated. International Women's Day is one small way that we at Saint Leo can acknowledge women's contributions and look ahead to a culture of equality and opportunity," said Elisabeth Aiken, department chair of language studies and the arts.

"I hope they get a lot of confidence and the knowledge that they can do just about anything and that it's a great opportunity for them to see and share these ideas," said Dr. Lennox, the university president.

The ambient of strong student involvement gave the event an air of pride. Women of all ages, races, and backgrounds came out to show their pride and support each other, celebrating their independence and their progression.

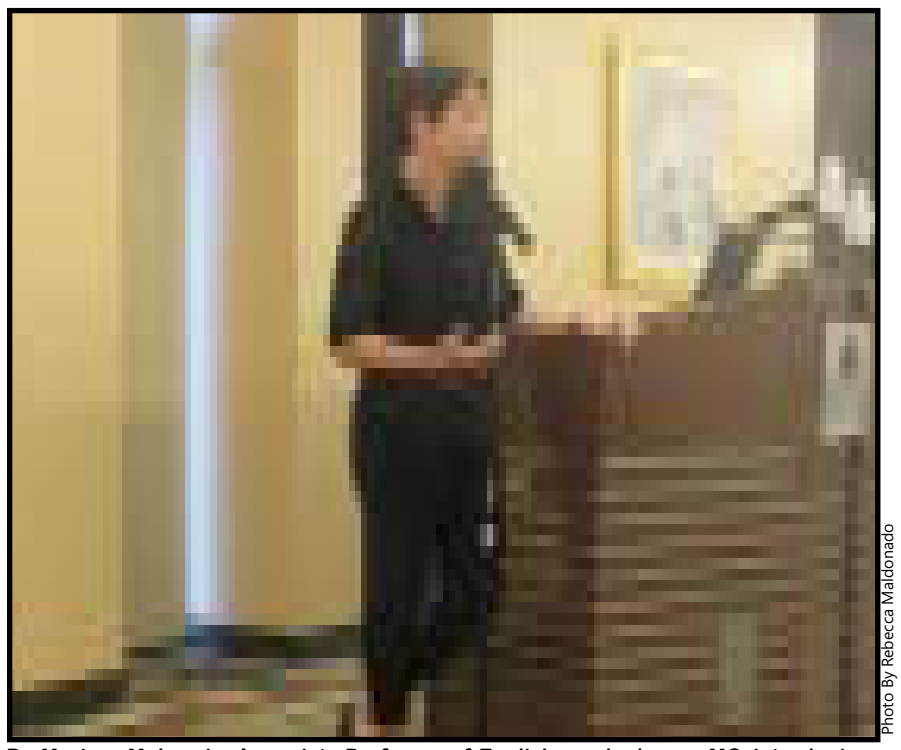

Photo By Rebecca Maldonado

Dr. Marissa McLargin, Ascociate Professor of English, worked as an MC, introducing poets and performers alike.

Photo By Rebecca Maldonado

English Major and Senior Emily Fink, a student in the Women in History class, participated in International Women's Day by presenting her original art piece.

The Lions' Pride Stands With Belgium

On Mar. 22 Brussels, the capital of Belgium, was rocked by two terrorist attacks. The first occurred at the city's Zaventem airport, as two explosions left 11 dead and at least 100 injured. The second attack occurred in one of the city's metro stations. An explosion in the station left 20 dead and at least 130 injured as of the afternoon of Mar. 22. The terrorist group ISIS has stepped up and claimed responsibility for these attacks. Efforts are being made by the Belgian government to minimize panic and maintain order in the city, while starting to search houses for some of the individuals involved in the bombings. The University's thoughts and prayers go out to those who have lost loved ones in these attacks, along with any students who may have been affected by this tragedy.

Editorial

Excellence Through Cooperation

By Jonah Robertson
Editor-In-Chief
Editorials

An enormous number of college students absolutely despise group work. The thought of being forced to work with other students, and often to present the results of this cooperation, often causes immense amounts of frustration and anxiety. However, the question still stands: does group work have a place in educational environments, or is it unnecessary aggravation?

The matter really comes down to the fact that education needs to find a balance between creating a comfortable learning situation for students, and forcing those same students to confront new and unknown scenarios. If a student is allowed to be completely comfortable without trying anything new then they risk descending into a sort of educational limbo where they'll never learn much of anything. However, students also cannot be constantly forced into new situations, as they'll often be quite overwhelmed. A balance between the two must be met, and that balance can often be found through group projects.

These projects can force students to interact with others that they might not interact with otherwise, and often the various people involved in these projects will have different methods of working and thinking. The adversity of combining these different methods and perspectives is one of the primary purposes of group work. While the material is important, the learning experience of having to cooperate with another student is even more so.

According to Carnegie Mellon University, "Group projects can help students develop a host of skills that are increasingly important in the professional world. Positive group experiences, moreover, have been shown to contribute to student learning, retention, and overall college success."

All of this being said, group project assignments do need to be streamlined to some extent. Many educators hold every member of a group equally responsible for the grade, but then they assign a grade to the project as a whole without assessing the effort put forth by each individual. While it may be argued that grading the group as a whole encourages cooperation, often it leads to anger from students who may have put forth more effort than their compatriots. If a group assignment is graded based upon individual effort, however, or perhaps student assessments of their group partners, then the possible for personal growth might increase.

One of the other prominent arguments against group assignments is that it is unfair to force incredibly introverted students to work in social situations such as these. While it is true that students who are naturally introverted might not flourish in a group environment as well as natural extroverts, it is still incredibly important that they learn how to work in a group. Group work is a reality in the professional world as well as in academia, and if introverted students aren't taught how to work with others while in college they certainly won't have any better chance to learn it.

Finally, instructors can also benefit from group assignments. According to Carnegie Mellon University: "Group work also introduces more unpredictability in teaching, since groups may approach tasks and solve problems in novel, interesting ways. This can be refreshing for instructors. Additionally, group assignments can be useful when there are a limited number of viable project topics to distribute among students. And they can reduce the number of final products instructors have to grade."

Based upon all of this, group projects have a place in the academic world. While they should not be the bread and butter than teaching is built upon, neither should they be fully removed from education purely to make students more comfortable. Group projects are an important educational tool when used in moderation, and even students that hate socialization and working with others can stand to learn something from them.

Photo From Wikimedia Commons

Group projects are a reality of most college classes, and while many students do not enjoy them, they probably are not going anywhere.

Check us out online at www.prideonlinedotnet.wordpress.com

3 Doors Down Review

Photo From Twitter @3doorsdown

3 Doors Down were incredibly popular in the early 2000's Alternative Rock scene. Their latest album, "Us and the Night," is a soulless nostalgia experience for anyone who enjoyed the band ten years ago.

Tampa Bay Rays in Cuba

Photo From Twitter @RaysBaseball

For the first time since 1999, a Major League Baseball team competed in a game in Cuba. This team happened to be the Tampa Bay Rays.

The Witch Review

Photo From Twitter @TheWitchMovie

"The Witch" is a horror film set during the days of the Salem Witch Trials. It is incredibly dark and explores the paranoia of this time period.

Newsroom

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Campus News

Education Knows No Age

By Alyssa Forst
Contributing Writer

When most people are thinking about retirement, Joyce Marshall is thinking about a new career.

Marshall, who is 71 years old, is currently a junior at Saint Leo, studying at the Madison Center located in Madison, Florida. Madison is located approximately three hours away from University Campus, near the Florida-Georgia border.

Saint Leo University is home to more than 15,000 students. At University Campus in Saint Leo, Florida, the Fall Semester of 2015 had 2,370 students enrolled. So where does the 15,000 come from? Saint Leo has more than 40 education centers throughout the country and the Online Learning Program. Students enrolled are from all over the world, all 50 states and 87 countries.

Marshall just moved to Lake City where she resides with her husband, two cats, and dog. In her free time she enjoys gardening with her husband. They are vegetarians, growing and eating all of their own food. Some of her favorites include fresh tomatoes, sun-dried tomatoes, and broccoli.

She has spent the last 25 years working in Nuclear Medicine Technology, and then decided that it was time for a career change. She attended North Florida Community College for her associate's degree before moving on to Saint Leo for her bachelor's in Human Services.

The career that Marshall had in Nuclear Medicine Technology was for the benefit of the doctors, but she wanted a career where she could help benefit others. She wants to make an impact on society.

"Based on who I am and how I feel about society I need to be there with people who are disadvantaged," Marshall said.

She believes that everyone has needs, and sometimes people need to seek help from others to get answers to her problems. That is what Marshall hopes to do after graduating from Saint Leo. She wants to help people get answers to their problems and to find what is missing in their lives; she wants to make a positive impact on society.

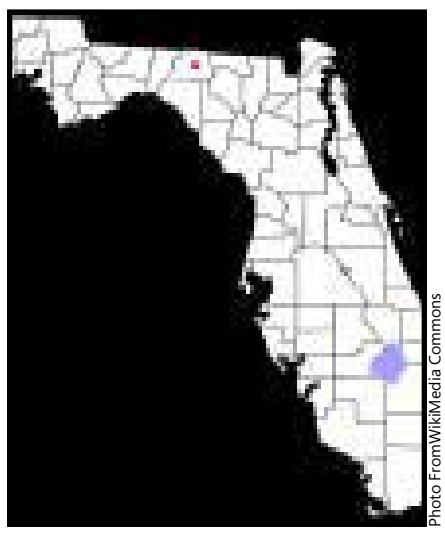


Photo FromWikiMedia Commons

The Saint Leo University Madison Center has a student to faculty ratio of 25:1.

Photo From Saint Leo University Madison Center Newsletter

Joyce Marshall chose her degree because she wanted a career that was more compassionate.

After having a full career and now making a drastic change Marshall has advice she'd like to give for any other adults wanting to get back to school to get an education or make a career change.

"[Don't] procrastinate, if you want something than go for it! If not there will always be the little voice in the back of your mind saying 'I should've done this' or 'I should've done that,'" said Marshall as a tip she could give to those people. "If you feel something should be done then you need to start doing that. You're never to old to start getting an education for a career. The biggest problem people need to overcome is breaking down barriers in their own minds. In the end you'll be able to look back and say 'I did it.'"

The only regret that Joyce Marshall has is that she didn't do this sooner.

Scalia's Replacement: Politics or a Chess Game?

By Cassidy Whitacker
Political Columnist

Photo From WikiMedia Commons

Antonin Scalia (second person on the left, bottom row) is the 40th Supreme Court Justice to die while in office. 38 of these deaths took place in the time between the nation's founding and 1900.

On Feb. 13, Supreme Court Justice Antonin Scalia passed away. It was originally believed that the cause of death was natural causes; however, it was eventually reported that the justice had suffered from heart problems and high blood pressure. Scalia had served on the Court since 1986.

The death of any Supreme Court Justice calls upon the Commander in Chief to perform one of the most important presidential duties: the nomination for appointment of a replacement justice on the Court; however, the current political climate of unbelievable polarization between the parties makes Scalia's death, specifically, a very interesting and complex issue.

For all intents and purposes, it technically is President Obama's duty and most importantly, constitutional right to nominate a new Supreme Court Justice after careful consideration of various candidates. However, due to the fact that this country is in the midst of one of the most bizarre and competitive presidential elections in history, conservatives have voiced that they believe that President Obama should allow the next president to take on this task (since many of those on the right believe that they are going to take back the presidency come this November).

The question is: should President Obama exercise his right to nominate a replacement justice for Scalia, or should he wait and allow the next president to take on this task after his or her inauguration in January of 2017?

Currently, very different strategic considerations are in the process of being made.

What makes this situation so complex is that there are two sides—the Republicans and the Democrats—and they both want nothing more than to win (to have the outcome be favorable for their specific side).

The Republicans want a more conservative person to be appointed to the Court and the Democrats want a more liberal one. Republicans especially want a more conservative replacement to be nominated and eventually appointed because Justice Scalia was inarguably the leading voice for conservatism on the Supreme Court. Essentially, what Republicans are primarily concerned with as of now is simply maintaining the status quo.

For the full article including analysis of the Democrat and Republican options for nominating and accepting the newest Supreme Court Justice, visit prideonlinedotnet.wordpress.com

Health

Zika Virus Trasmission from Africa to America

By Charles Onyeneke
Contributing Writer

History has shown that almost all of the debilitating and destructive diseases that have emerged were not predicted before they happening, but were only discovered when they were already in existence.

One such disease is the Zika virus, which emerged in Uganda in 1947. The Americas have not been without similar experiences. The people of North America will not forget the 1633 outbreak of smallpox. Nor will people in Philadelphia exist without recalling the 1793 outbreak of yellow fever. And the cholera pandemic of 1830-1851 will remain infamous because of its spread from Indonesia and the Philippines to around the world. In 1918, the Spanish flu pandemic during World War I killed 675,000 Americans. These outbreaks of diseases are only a few of the countless strains humanity has faced. There was a polio outbreak in 1952, an outbreak of Asian Flu in 1957, an epidemic of HIV and AIDS in 1980, an outbreak of cryptosporidium in 1993, and an outbreak of whooping cough in California in 2010.

Emergence and Meaning

This virus emanated from a forest in Uganda called Zika, where it was discovered in the body of a monkey. Thus it took its name from this forest and became Zika virus. These are the same mosquitoes that spread dengue and West Nile virus.

"Zika Virus has been around for a long time; it was first seen in 1947 in Uganda," said Dr. Iain Duffy, Assistant Professor in the Department of Math and Science. "It is been known in Africa for 70 years and it is only in the last few years that it now spread in South America, and it is because of people from the United State that traveled and where bringing it back from South America."

According to an article from the Center for Disease Control (CDC), "Its first evidence of human infection was in 1952. This was known through the result of aserological survey in Uganda,"

Although this virus has been around for more than 69 years, most Americans are unaware of it. However, with the recent re-emergence people are concerned and fearful.

According to Duffy, this fear is unnecessary.

"Thank those that get scared unnecessarily and think that it comes around from patients of people who have been seen in the press - the babies with the small heads and all the rest of it," Duffy said. "So there is this fear factor because people have seen these patients."

According to Duffy and the CDC website, there are about 82 cases in the United States, and they were caused by people who traveled to other countries, mostly in South America. There are no known cases in the United States transmitting the virus to another person. This is because there are so few cases in the United States and the mosquitoes that usually transfer the virus are not in the country.

The Zika virus is part of the Flavirus famil along with dengue and the West Nile virus. These two viruses have been seen in the United States and the Tampa Bay area for a number of years, yet there are not many people being infected with these viruses.

Mode of Transmission

Many are unaware of how the virus spreads from person to person and from community to community.

"I have heard the Zika virus is transmitted through sex and body fluids," said Kenneth Kelly, a Graduate Assistant at the Cannon Memorial Library.

"There may be a case of sexual transmission, but again there is no evidence of that, it is merely spread by mosquitoes," Duffy said.

According to a situation report by Worldaware solutions from fen. 1, 2016, "The bite of an infected Aedes Aegypti mosquito is primarily responsible for the transmission of Zika; however, infected Aedesal bopictus (Asian Tiger) mosquitoes are also known to spread the virus. The Zika virus has a quick transference rate; once an infected individual has been bitten by a mosquito that newly infected mosquito can pass the virus to several others through a bite"

Five days later, the Coast News reported that "the Aedes mosquito picks up the virus in the blood as it tries to suck the human blood which it needs for laying eggs. This virus travels from their gut through their circulating system to their salivary glands and is injected into its next human victim."

This shows that the Andes mosquitoes can spread a strong virus after subsequent infections of humans.

Signs and Symptoms

According to the World Health Organization (WHO) fact sheet, the symptoms are similar to other arbovirus infections, such as dengue, and include fever, skin rashes, conjunctivitis, muscle and joint pain, malaise, and headache. These symptoms are usually mild and last for two to seven days.

"Zika virus is like dengue and West Nile viruses," said Duffy. "It gives you fever, rashes, and muscle pain, but it goes away in a week or so and you don't ever hear of people dying. I think there are a lot people scared of this virus, which should not really be because many people are infected and it has not be killing."

Rate of Spread

This virus has gained more ground and victims since 1952 when its first evidence of human infection was known in Uganda.

According to the American Association of Science on Feb. 10, 2016, "As of 2007 there were 14 confirmed cases of human infection from Africa and Southeast Asia. By April 2007, the first outbreak outside Asia and Africa occurred."

In 2014 the virus spread eastwards across the pacific ocean to French Polynesia then to the island, in 2015 it reached Mexico, central America, the Caribbean and south America where it has reached its pandemic level.

"I am worried about the upcoming Olympic games in Brazil since it is one of the countries that has the virus," said Phylomen Wanjiru, a Masters Student in Education Instructional Leadership concentration. "I hope the organizers are doing everything possible to prevent the virus from spreading both to the entire national contingents and those that will come and watch the games, because it is then crystal clear that the Zika virus has come to take its own turn."

Photo From Twitter @CDCGov

The CDC urges people that the best way to protect themselves from teh Zika virus is to prevent mosquito bites. Along with the information provided in the above graphic, the CDC also suggests remove standing pools of water, as those are popular breeding grounds for mosquitoes.

Health

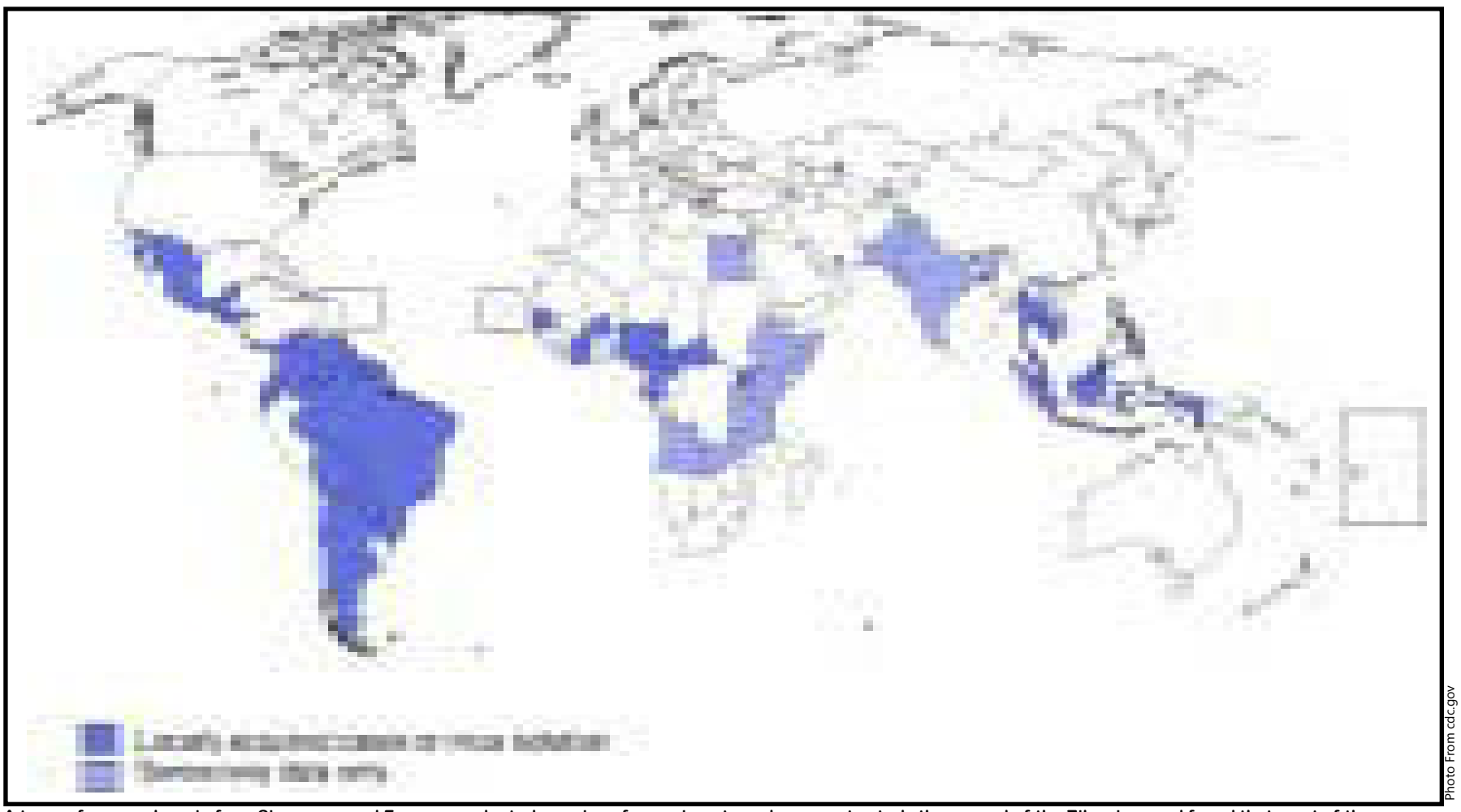


Photo From cdc.gov

A team of researchers in from Singapore and France conducted a series of experiments and surveys to study the spread of the Zika virus and found that most of the cases were around areas with a favorable climate and socio-demographic conditions, such as poor hygene or high mosquito populations.

"The Olympics in Rio de Janeiro will not be cancelled and the mosquito-borne Zika virus will not affect the games," said Thomas Bach, the President of the International Olympic Committee in Aljazeera. "There will be good conditions for athletes and spectators at the Rio Games in August, despite the explosive spread of the Zika virus across America."

According to the U.S. department of Health and Human Services, the rate at which the virus spreads was cause for a state of a public health emergency on Feb. 1. On Feb. 5, numerous countries were confirmed to have active transmission of the Zika virus including the Caribbean islands, much of South America, American Samoa, and Cape Verde in Africa.

As of Mar. 21, the total number of Zika virus cases in Florida was 42.

Why the Unrest?

Many countries have warned their citizens about the virus, urging them to stop travelling or having sex to help alleviate the spread.

In Jan. 2016, the U. S. Centers for Disease Control and Prevention (CDC) issued a travel guidance on affected countries including the use of enhanced precautions, and guide for pregnant women including considering postponing travel. Other governments issued similar warnings.

Other countries like Colombia, El Salvador, the Dominican Republic and Jamaica advised women to postpone getting pregnant until more is known about the Zika virus. So many countries are raising alarm about this virus, the question then is why the unrest?

This unrest may likely be due to the following. Firstly, the disease has no known cure or vaccine yet.

Tied to that, research has shown on increase in microcephaly, a neurological birth defect in which babies are born with abnormally small heads and suffer incomplete brain development, and Guillian-Barre syndrome, which is a neurological disorder in which the body's immune system attacks part of the nervous system causing gradual weakness of the legs and arms, paralysis, and death, occur with an increase in Zika virus infections. The Zika virus has not been fully proven to be responsible for these sicknesses.

Everyone is at risk of contracting the Zika virus because it commonly spreads through a mosquito bite. What's more, scientists do not know much about the virus as a whole.

The best ways to handle this virus is to intensify research into creating a vaccine and practicing prevention to ward off mosquitos

"Since it is merely spread by mosquitoes, just like with other mosquito borne diseases, you just have to take precautions when you go into area where there may be mosquitoes," said Duffy. "Wear long sleeves and spray yourself with repellent."

"A permethern-treated uniform that is properly worn, Deetor Picaridian applied to your skin, and a permethrin-treated bed net will help," said Teresa Dadez, Director of the Health and Wellness Center.

Photo From Twitter @Medscape

When a mosquito bites a victim, it will probe around under the skin to find a blood vessel before sucking the victim's blood through the mosquito's tube-like mouth, which is made up of a labrum and labium.

Arts & Entertainment

Disney and Dali: A Fantastical Friendship

By Emily Kochanski
Contributing Writer

Decades ago, Walt Disney and Salvador Dali forged a unique partnership and created a masterpiece that, today, is widely unheard of. For the first time in years, their story is being told and their dream is being brought to life anew.

The Dali Museum, located in St. Petersburg, FL., is currently featuring a new exhibit that is definitely worth checking out. "Disney and Dali: Architects of the Imagination" displays pieces from both of these artistic masterminds and reveals the history behind the magical friendship between the two.

Disney and Dali met at a private engagement in 1945 and almost instantly developed an unshakeable bond based on their unique personalities and common dream. When the friends weren't visiting each other with family or taking fishing trips, they were collaborating on their masterpiece, a short film called "Destino", which depicted the unlikely romance between a ballerina and a baseball player.

Unfortunately, due to financial woes brought about by the war, "Destino" was shelved. It wasn't until 1999 that "Destino" was given the breath of life; Walt's nephew, Roy Disney, found the lost footage, finished the film, and released it to the world. Aside from inside the Dali Museum gift shop, "Destino" can be viewed as an added bonus feature on the special edition Blu-Ray release of "Fantasia & Fantasia 2000."

The "Architects of the Imagination" exhibit features a multitude of original sketches, paintings and story boards from both artists, as well as historical film and audio clips and photographs. This breath taking and thought provoking attraction shows patrons that before Disney and Dali inspired the world, they first inspired each other.

The exhibit runs through June 12, from 10 a.m. to 5:30 p.m. daily, with hours extended until 8 p.m. on Thursdays. Tickets are available to purchase online, starting at $24 for general admission. The price is $17 for students, with a special $10deal for college students onThursdays. A full list of prices, as well as more information about the museum and this particular exhibit can be found on the Dali Museum's website.

Upcoming Events

March 1 - May 1- Murder for Two @ The Straz Center; Tickets from $40
March 31- 1st annual Wesley Chapel History Fair Hosted by PHSC
April 2- Duran Duran @ MIDFLORIDA Credit Union Ampitheatre; Tickets from $65
April 2- Tampa Spring Jam Music Festival @ The USF Sun Dome; Tickets from $47
April 11- Pearl Jam @ Amalie Arena; Tickets from $67
April 16- UFC Fight Night @ Amalie Arena; Tickets from $40
April 29- 98RockFest @ Amalie Arena; Tickets from $25

Shout-outs for Seniors

Know a Senior graduating at the Undergraduate or Graduate level this year? Put a shout-out in *The Lions' Pride* for free. Simply write a message no more than 30 words long, and put it under the Newspaper/Yearbook Office door in the Student Activites Building (106) by noon on Friday 8 or e-mail your message to thelionspridenewspaper@gmail.com

Arts & Entertainment

A Step in the Right Direction

By Jonah Robertson
Editor-in-Chief
Editorials

It's always wonderful to see Saint Leo graduates following their dreams after graduating. Sean T. Lahey has done exactly that, as he wrote and published his first book in 2015, titled "Taming the American Horse." After working as an insurance salesman for a few years Lahey moved to California to pursue his dreams as a writer. The book itself is inspired by some of his adventures out west.

"Taming the American Horse" presents a bit of a conundrum. Parts of the novel are quite enjoyable, while others leave room for sometimes drastic improvement. The book follows a man, Karl Buckham, who decides to leave his desk job and drive across the country on his friend's Harley. The story starts off a bit slow, but picks up nearer to the middle. Starting a novel with a business meeting, especially one about finances, does not work in the tale's favor, and many readers might be turned away by how dry the first few pages are. However, once Karl's adventures begin the book becomes far more engaging.

Karl gets to Texas, and spends the entire second half of the novel there, as due to a series of unfortunate circumstances he ends up stranded. Then, through a multitude of bad choices Karl ends up working with some unsavory characters. Unfortunately, while the middle of the novel was quite interesting and dealt with some interesting introspection from Karl, the ending falls a bit flat. It feels a bit rushed, the climax coming within the last 40 pages of the book, and the conflict itself being resolved within the last 3. This leaves the reader feeling quite unfulfilled, as they never learn what happens to Karl after all of his trials and tribulations. Instead of a bang, the book ends with more of a confused grunt, leaving loose ends untied.

This all being said, the book is not without its merits. Some of the characters feel quite believable and well fleshed out. Tomas, a bartender who Karl befriends, has some wit and charm that makes him feel real, even if he does not have an enormous role in the tale itself. Similarly, Joe, a shady fellow with whom Karl becomes involved, has some real depth to his evil character, and feels like a true villain by the end of the book. Unfortunately, Karl himself falls a bit flat. Most of the time he comes off as rather unpleasant, and at others as a truly awful person. He never really feels likeable, or particularly relatable. This is unfortunate, as the story follows him exclusively, and almost every other character only appears for a few moments at a time.

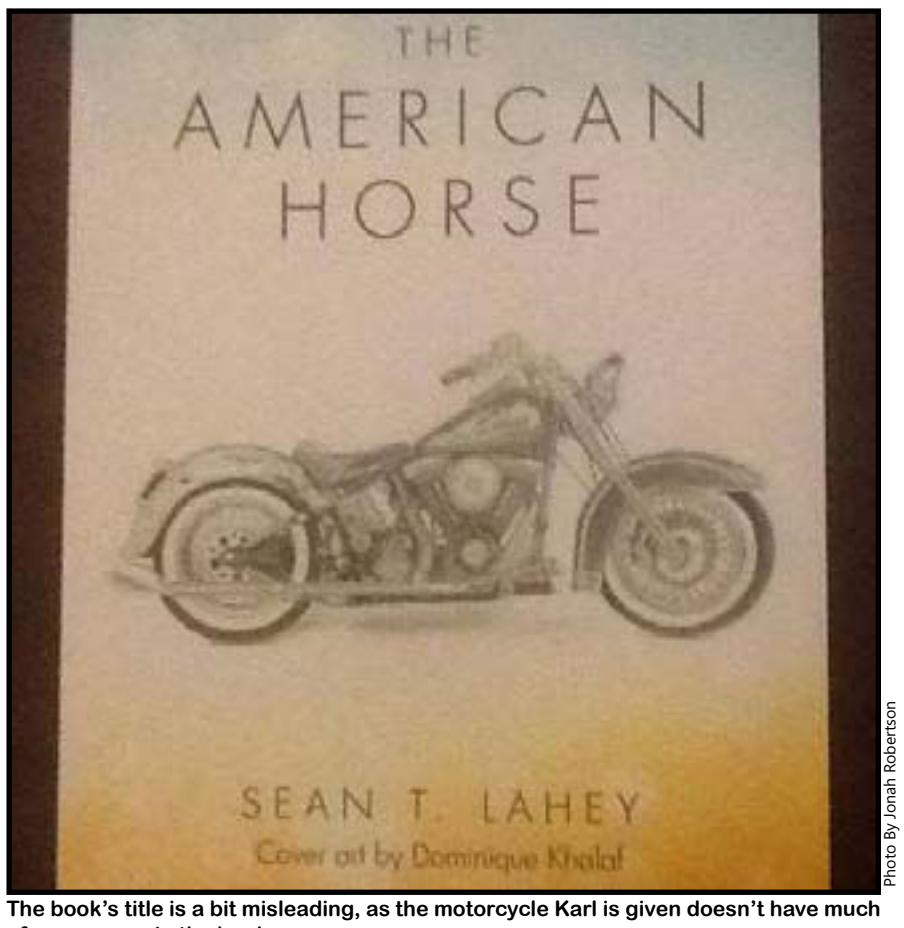
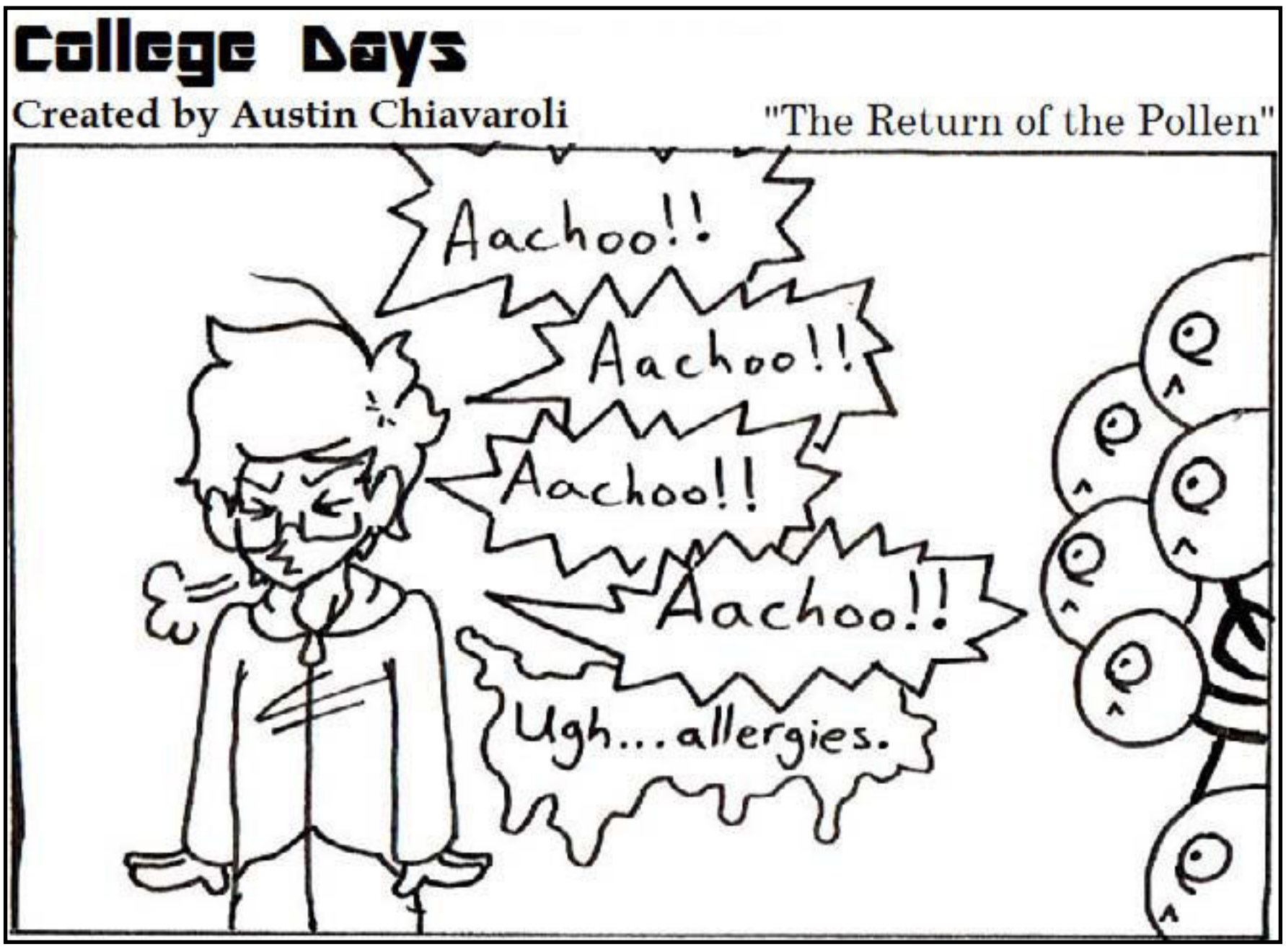


Photo By Jonah Robertson

The book's title is a bit misleading, as the motorcycle Karl is given doesn't have much of a presence in the book.

For all its faults though, the story is entertaining enough. As a first attempt at novel-writing, the book stands up, and will certainly provide a couple hours of enjoyment to some. While not a book for those looking for excessive philosophizing or intellectual exploration, the story itself is a decent one. If Lahey were to attempt a second book, and he learned from the mistakes made in his first work, it could be quite good. All things considered, I'd give "Taming the American Horse" a rating of 3.5/5.



Sports

Softball on a Tear

By Matthew Vandenburgh
Sports Editor

The Lady Lions are not just getting attention on campus. Ranked ninth in the country as of March 21, the highest the softball team has ever been ranked in the school's history, they currently hold a dominating record of 26-1. This outstanding performance so far has gained the attention of both NCAA.com, as well as the Tampa Bay Times.

The record is not the only impressive information coming from the team. They also boast a team earned run average of 0.28, which is the best in the country. The Lady Lions also have a team batting average of .365, which is the third highest in the nation. On an individual performance level, the team has three pitchers in the top four for ERA in the country. Sophomore Samantha Tyler leads the nation with a 0.18 ERA, directly followed by Senior Alana Tabel, with an ERA of 0.24. Junior Stephanie Adkins currently holds the fourth lowest ERA in Division Two, at 0.38.

Head Coach Erin Kinberger is understandably proud of her team's pitching staff.

"Our pitching staff is phenomenal. We are fortunate to have in my opinion three No. 1s. They work together and have each other's backs. We have a lot of minds working together during the games starting with our catcher Sommer Pollard who knows each pitcher like the back of her hand," Head Coach Kinberger told NCAA.com.

Tabel is also excited about the pitching performance.

"The pitching staff we have this year is the best pitching staff I have been a part of in my life. As a battery, we look at each other as a team within a team. We all work together in the bullpens and encourage each other to improve every day. When one of us has trouble with something, one of us steps in and tries to help and says what personally helps us in those situations. It makes me so happy that we have 3 "number ones" on this team, because if I ever get a jam, there is not one pitcher I would prefer over the other one to come in for me, I know both of them would get the job done. We all have one common goal on this team, it is to win and win a national championship. None of us care how it takes to get there," Tabel told NCAA.com.

These solid performances have come from the offense as well. Freshman Brooke Samios-Uy leads the team with 28 runs batted in, and even though they only have four home runs as a team, the Lady Lions make up for it with their efficient and effective speed, stealing 68 bases on 73 attempts, good for a 93 percent steal rate, good for 13th in the country.

In recognition of the team's performances, the Sunshine State Conference has given players on the team nine players of the week awards this year, with Tabel earning her second of the season on March 21.

With only 17 games remaining, the Lady Lions are approaching the end of the season on an historic pace. If they keep this up, a deep run in the NCAA Division Two Softball National Championship Tournament is well within the realm of possibility for this dominant team.

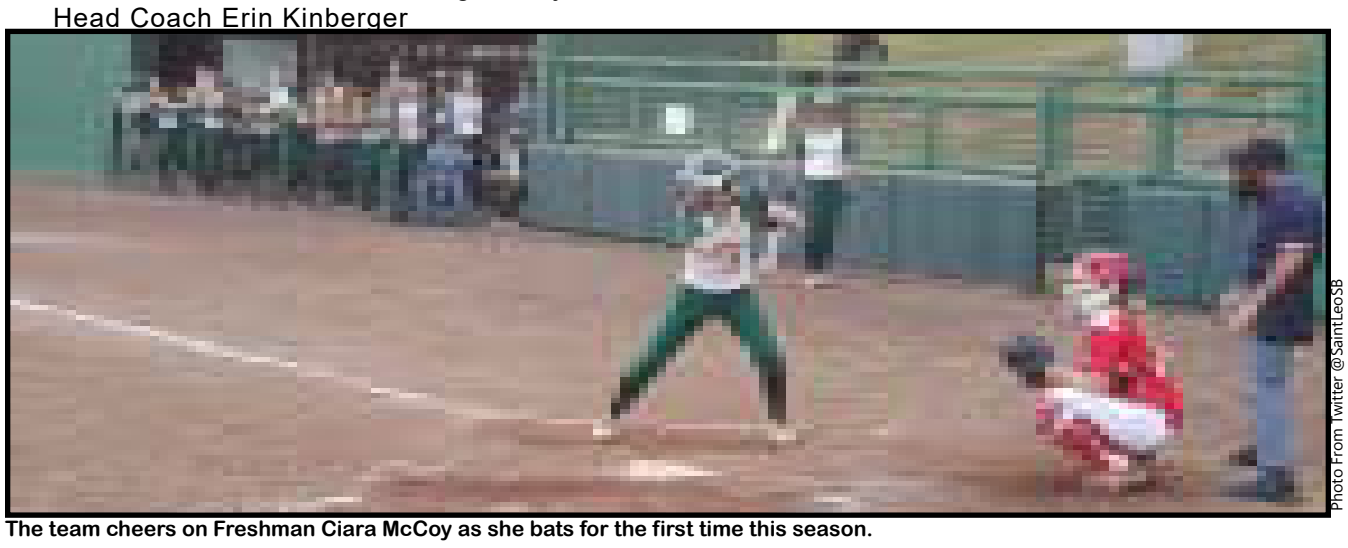


Photo From Twitter @SaintLeoSB

The team cheers on Freshman Ciara McCoy as she bats for the first time this season.

Photo From Twitter @SaintLeoSB

Three of the nine player of the week honors are represented here, with one for Tiffany Thompson and two for Alana Tabel.

Upcoming Games For the Week of 3/25/16 - 4/1/16

Softball

3/25: @ Barry 12:00 pm
3/12: @ Barry 2:00 pm
4/1: Vs Flagler 5:00 pm
4/1: Vs Flagler 7:00 pm

Baseball

3/25: @ Nova Southeastern 1:00 pm
3/25: @ Nova Southeastern 4:00 pm
4/1: Vs Embry-Riddle 6: 00pm

M Tennis

3/25: Vs NYIT 2:00 pm
3/26: @ Embry-Riddle 1:00 pm
3/30: Vs Tampa 3:00 pm

W Tennis

3/25: Vs NYIT 2:00 pm
3/26: @ Embry-Riddle 1:00 pm
3/31: Vs Rollins 3:00 pm

M Track

3/25: @ Raleigh Relays 5:00 pm
3/26: @ Raleigh Relays TBA
4/1: @ Embry-Riddle Invite 1:00 pm
4/1: @ UF Pepsi Relays 5:00 pm

W Track

3/25: @ Raleigh Relays 5:00 pm
3/26: @ Raleigh Relays TBA
4/1: @ Embry-Riddle Invite 1:00 pm
4/1: @ UF Pepsi Relays 5:00 pm

M Lacrosse

3/26: Vs Rollins 7:00pm
4/1: @ Florida Tech 7:00pm

W Lacrosse

3/26: Vs Southern Conn. St. Noon

Correction

In the Mar. 11, 2016 issue the article titled "Men's Golf Ranked Best in the Country" was credited incorrectly. It was written by Contributing Writer Rafal Matuszczak. We apologize for this mistake.